

“Do this in memory of me.” Luke 22:19

At the table of the Lord we celebrate the sacrament of Holy Communion by sharing the bread and the wine as a remembrance of all that Christ has done for us in his life, death and resurrection. All who seek the presence of Christ are welcome to share in this sacred meal.

Our minister blesses the elements and the Elders serve the congregation in the pews during the traditional service. At the alternative service as well as some others the members of the congregation may be invited to come forward to receive communion by intinction (dipping the bread in a glass of wine).

Holy Communion is celebrated a number of times throughout the year:

World Wide Communion Sunday (first Sunday in October)

The First Sunday in Advent

Christmas Eve

Maundy Thursday

Easter Sunday

Several other Sundays during the remainder of the year as decided by the
Spiritual Oversight Committee

Consult the *Calendar* for the date of our next celebration of Holy Communion.